

HAPPY NEW YEAR!



Join the High School Administration Team to learn about high school graduation requirements
**January 18th
6:00-7:00 PM
MSMS Commons**

Love and Logic New Years Resolution

Mistakes are learning opportunities for kids

“I will set firm limits in loving ways without anger, lectures, or repeated warnings.”



5th Grade Parent Gifted and Talented Information Night
January 25th 6-7 PM
Middle School Commons

Forensics Competition
January 27th @ Challenger Middle School
Bus leaves SILC at 6:30 AM

1

ENFORCEABLE STATEMENTS

“I will talk with you when your voice is calm”

2

SHARE THE CONTROL

Give choices when ever possible

3

RESIST NAGGING

Ask things once with no reminders

MSMS Mindset

Resiliency-

BUILDING RESILIENT KIDS



Friendships WITH EMPATHY-

During the adolescent years friends become more important than family. So it's no surprise that many of the issues teens face revolve around friends and relationships. We find that kids that show resiliency around friendship issues have the ability to understand, forgive and recover. Kids that struggle with friendships often times lack the key ingredient for any positive relationship- EMPATHY.

Pay attention to how others are feeling

Face to face- put the phone down!

Empathy is the experience of understanding another person's condition from his/her point of view. You place yourself in their shoes and feel what they are feeling.

Talking about and practicing the skills necessary to have positive relationships with empathy at home can help students develop resiliency when faced with difficult relationship issues throughout the middle and high school years.



JANUARY
15th
No
School



Winter 2018 Highlights



Arts14 Classes start January 16th!



SPORTS



MIDDLE SCHOOL EVENTS

Today: ◀ ▶ **January 2018** ▼ Print Week Month Agenda ▼

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	Jan 1	2	3	4	5	6
WINTER BREAK						
7	8	9	10	11	12	13
4pm GBB(H)PEYTON			4:30pm GBB@ELL 4/ 4:30pm GBB@C(H)II 4/ 5:30pm PAC Meeting	11:10am Builders Club 4pm GBB@CARSON	4pm GBB@AP -4/5 P	
14	15	16	17	18	19	20
NO SCHOOL - MAR	4pm GBB@BLR - 4/5 4pm GBB@C(H)BLR 4/			11:10am Builders Club 4:30pm GBB@CSCA 6pm 8th Grade Paper		
21	22	23	24	25	26	27
4pm GBB(H)CSS - 4/		4pm GBB(H)RMCA -		11:10am Builders Club		
28	29	30	31	Feb 1	2	3
4pm GBB@WANGUAF 4pm GBB@BLR 4/5		4pm GBB@CSCS 4/5 4pm GBB@C(H)CSCA -		11:10am Builders Club		

Events shown in time zone: Mountain Time Google Calendar

http://www.mssd14.org/departments/athletics/m_s_schedule/

Parenting the *Love* and Logic Way®

Six sessions designed to help parents equip kids with character, compassion, problem-solving skills and more!

Stay calm when your kids do incredibly upsetting things

HELP YOUR KIDS LEARN FROM MISTAKES SO THEY DON'T REPEAT THEM



AVOID ENABLING AND BEGIN EMPOWERING

SET ENFORCEABLE LIMITS

Avoid un-winnable power struggles

Cost: **Free!** (Commitment required-15 participant limit)

When: 2/6/18, 2/13/18, 2/20/18, 2/27/18, 3/6/18, 3/13/18

Time: 5:00-7:00 PM

Where: Manitou Springs Middle School (Media Center)

Who: Parents of teens and pre-teens but all are welcome

Registration

and/or
questions
contact

Cameron Jones
cajones@mssd14.org

Provide: Participant name, contact email, phone number, and age and number of children needing child care if applicable

Free Child Care!